Arcanum 21: Transmutation
Heinrech Khunrath  
(c. 1560 – 9 September 1605)

*Amphitheatrum Sapientiae Aeternae*  
“The Amphitheatre of Eternal Wisdom”  
(1595)

The Citadel

Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life. — 2 Corinthians 3:5-6
Transmutation
The Causes of Desire
The Transformation of Impressions
Coexistence and the Psychological Gymnasium
The Idiot by Fyodor Dostoevsky

हा Ha: a Sanskrit particle expressing sorrow, dejection, pain;

अश्न asna: voracious, eating, consuming; or, a stone;

मूष्मus: mouse, thief

A hasnamuss is a “thief, mouse, who voraciously devours or consumes a stone with sorrow, with pain.”
Psalm 119

161 Princes have persecuted me without cause; but my heart has feared at your Word
162 I rejoice at your Word, as one who finds great spoil.
163 I hate and despise lying, but I love your Law.
164 I praise you seven times a day because of your righteous judgments.
165 Great peace is to those who love your Law, and there is no stumbling block to them.
166 Oh Iod-Havah, I have hope for your salvation, and have done your precepts.
167 My soul has kept your testimonies, and I love them very much.
168 I have kept your commands and your testimonies, for all my ways are before you.
ש (Shin)

ש Shin (300) +
י Iod (10) +
נ Nun (50) =
360°, sı Samekh
שת Nachash—Serpent

- שנآن (Shin’an)—Angels, an acrostic for:
- שור (Shor)—Ox
- נשר (Nesher)—Eagle
- אריה (Aryeh)—Lion
- נ (Final Nun)—the Human Being, Seed, Fish

William Blake
“Jerusalem”

Bring me my Bow of burning gold:
Bring me my arrows of desire:
Bring me my Spear: O clouds unfold!
Bring me my Chariot of fire!
1. Our single disciples of both sexes can practice the transmutation of their sexual energy with the practice of the Rune Olin: while standing with a rigid position, the disciple will make various rhythmic inhalations and exhalations.

2. While air is inhaled, disciples must unite their imagination and willpower in vibrating harmony in order to make the sexual energy rise up through the two ganglionic cords of the medulla into the brain, midbrow, neck, and heart. This is done in a successive order.

3. Afterwards, the disciples exhale the air by firmly imagining that the sexual energy is established within their hearts.

4. While exhaling the air, disciples will vocalize the mantra Thorn, as follows: Thoooooooorrrrrrrnnnnnnnn.

5. We must perform various movements of the arms while working with the Rune Olin.

6. To begin, the disciples must place both hands on their waist as in the Rune Dorn or Thorn and profoundly and rhythmically inhaling.

7. Secondly, the disciples will extend both hands downward towards their left side, the left hand a little bit more elevated than the right. The arms must be straight and must form an acute angle with the trunk. In the same way that the Rune Fa has its two arms upwards, the second diagram of the Rune Olin has them downwards, and this is profoundly significant. When performing the second movement, exhale the air by firmly imagining that the sexual energy is established within your heart. While exhaling the air vocalize the mantra Thorn, as follows: Thoooooooorrrrrrrnnnnnnnn.

8. Place both hands on the waist and repeat the exercise. Observe very carefully the two diagrams of the Rune Olin in order to understand the correct postures.

• This is how our single disciples of both sexes can transmute their sexual energy.

• The sexual energies can also be transmuted with the aesthetic sense, with love towards classical music, towards sculpture, and with long walks, etc.

• Single disciples who do not want to have any sexual problems must be absolutely pure in thoughts, words, and actions.

—Samael Aun Weor, Tarot and Kabbalah