

A low-angle photograph of a bronze statue of a warrior, likely the Spirit of the American Soldier. The warrior is shown from the chest up, looking upwards and to the right. He holds a sword aloft in his right hand and a shield in his left. The shield features a circular emblem with a star and wings. The background is a clear, light blue sky.

Basics of Spiritual Defense

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Spiritual Self-Defense



The best weapon that a human being can use in life is a correct psychological state. One can disarm beasts and unmask traitors by means of appropriate internal states. Wrong internal states convert us into defenseless victims of human perversity. You must learn to face the most unpleasant events of practical life with an appropriate internal uprightness... You must not become identified with any event. Remember that everything passes away. You must learn to look at life like a movie; thus, you shall receive the benefits... You must not forget that if you do not eliminate mistaken internal states from your psyche, then events of no value could bring you disgrace.

—Samael Aun Weor,
Treatise of Revolutionary Psychology





Preserving Chastity

- The Covenant with God
- Mastering self-control & meditation
- Temptations force us to define ourselves
- Melon drink remedy

Know the Conjurations

- Klim Krishnaya Govindaya
Gopijana Vallabhaya Swaha
- Conjunction of the Four
- Conjunction of the Seven
- Invocation of Solomon
- Fons Alpha et Omega
- Belilin song

Protecting Home & Body

Home

- Pentagrams
- Altar
- Incense/Essential oils
- Aloe and Maguey plants
- Mustard seeds
- Circle of Protection

Body

- Wear a pentagram
- Put sulfur in shoes
- Eucharist
- Microcosmic star
- Juniper berries



Cleanses
to Remove
Impurities

- Sage smudge
- Camphor
- Rue, sage, and mugwort
- Sulfur bath
- Egg cleanse

Relationships & Environments

- Natural and religious sites can have purer psychic atmosphere
 - Bars, clubs, cinemas, etc., attract astral larvae
 - Spiritualists, hypnotists, fortune tellers, etc., are not recommended
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- Use conjurations mentally if you feel attacked
 - Cultivate compassion for those who attack you
 - Develop relationships with morally sound people



A Lifestyle of Spiritual Protection

Karma determines the circumstances of our lives.

Are you living ethically, with remembrance of divinity?

How do you respond to life's events?

How are you feeling, thinking, and behaving toward other people?

Resources

- [Mantra for Protection: Klim Krishnaya Govindaya Gopijana Vallabhaya Swaha](#)
- [The Conjunction of the Four](#)
- [The Conjunction of the Seven](#)
- [Invocation of Solomon](#)
- [Fons Alpha et Omega](#)
- [Spiritual Protection with the Microcosmic Star](#)
- [Daily Life on the Path \(Home and Altar, Incense, Pentagrams, etc.\)](#)
- [Natural Remedy for Nocturnal Pollutions](#)
- [A Gnostic Prayer Book](#)
- [The Gnostic Store](#)
- [Defense for Spiritual Warfare Course](#)