“In life, the only thing of importance is a radical, total and definitive change. The rest, frankly, is of no importance at all.”
—Samael Aun Weor, The Great Rebellion
“Gnosis is lived upon facts, withers away in abstractions, and is difficult to find even in the noblest of thoughts.”

—Samael Aun Weor, *The Revolution of the Dialectic*

“There is the need to liberate the mind from every type of school, religion, sect, political party, concept of mother country, flag, prejudice, desire, and fear. There is the need to liberate the mind from the process of rationalization. There is the need to change the process of rationalization for comprehension.”

—Samael Aun Weor, *Igneous Rose*
The Stages of Meditation

1. Yama (restraint)
2. Niyama (precept)
3. Asana (posture)
4. Pranayama (energy)
5. Pratyahara (withdrawal)
6. Dharana (concentration)
7. Dhyana (meditation)
8. Samadhi (ecstasy)
The Line of Being

Superior Levels

Birth

Inferior Levels
<table>
<thead>
<tr>
<th>Stabilizing and Analytical Meditation</th>
<th>Concentration + Imagination = Meditation  (Gnostic)</th>
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<td></td>
<td>Śamatha + Vipassanā = Samadhi  (Buddhist)</td>
</tr>
<tr>
<td></td>
<td>Silence + Insight = Witnessing  (Sufi)</td>
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Courses

Meditation Essentials
Meditation without Exertion
Gnostic Meditation
Sufi Principles of Meditation

Books

Treatise of Revolutionary Psychology
The Great Rebellion
The Elimination of Satan’s Tail
The Revolution of the Dialectic