The Secret Path of the Heart

Gnostic Psychology
The Heart Doctrine

- Direct experience of the truth
- Awakened consciousness
- Verified, spiritual facts
- Mystical knowledge born from practical works
- Prajna, Jnana, Gnosis
- The development of the Inner Mind
- The esoteric meaning of parables
The Eye Doctrine

- Materialism and spiritual theories, belief systems, or ideas
- Literal interpretation of scripture
- Fascination with appearances
- Beliefs not grounded in experience
- Doctrines of the Sensual Mind and Intermediate Mind, or:
  - The cherished beliefs of the Sadducees and Pharisees
  - Scholarly debates and ideas, concepts without reality
The Three Levels of Religion

- Body / Exoteric / Introductory / Torah
- Soul / Mesoteric / Intermediate / Talmud
- Spirit / Esoteric / Advanced / Zohar
The Ten Sins of Buddhism

Body:
• killing: physically but also with negative emotions, anger, criticism
• stealing: material goods, but also spiritual teachings
• sexual misconduct: adultery and fornication, the abuse of sexual energy

Speech:
• lying: to distort the truth in any fashion
• divisive speech: such as causing schisms among relationships
• hurtful speech: trying to harm another person or oneself with violent words
• senseless speech: speaking gibberish

Mind:
• covetousness: wanting to possess what another person has
• malice: feeling hatred towards any living being
• holding wrong views: which is really the root of our all problems.
Bodhichitta and the Heart Doctrine

The Dharma of the "Eye" is the embodiment of the external, and the non-existing. The Dharma of the "Heart" is the embodiment of Bodhi, the Permanent and Everlasting.

—H. P. Blavatsky,
*The Voice of the Silence*
"The Doctrine of the Heart is called the seal of the truth, or the Truth Seal." —Samael Aun Weor, *Practical Astrology: The Zodiacal Course*

"It is the secret, unexcelled cycle of the supreme vehicle of Tantra, the true essence of the definitive meaning; the short path for attaining Buddhahood in one life." —Padmasambhava