

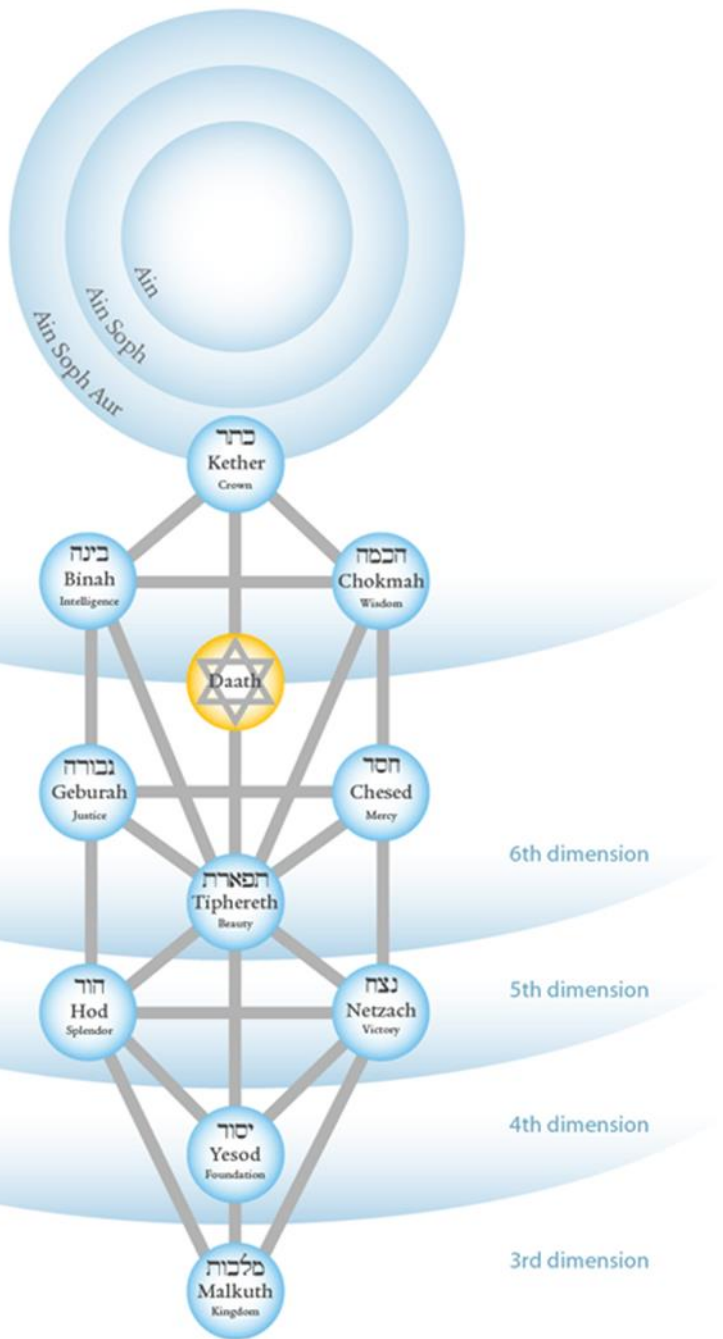
Introduction to Awareness

The Awakening of the Consciousness



chicago gnosis





The Tree of Life: A Map of Consciousness



Past Levels of Instruction

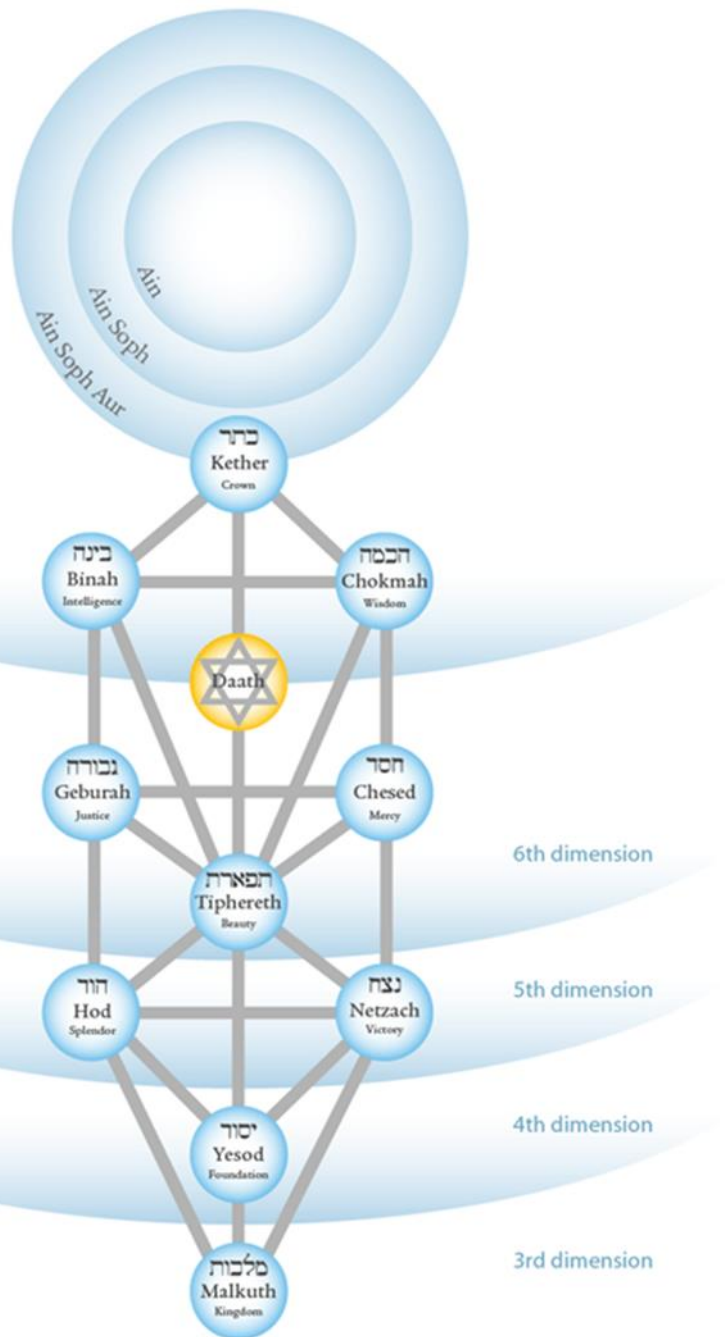
- Introductory: Sutrayana, Exoteric
- Intermediate: Mahayana, Mesoteric
- Advanced: Tantrayana, Esoteric

A silhouette of a Buddha statue in a meditative pose, viewed from behind, set against a warm, golden sunset sky. The sun is low on the horizon, creating a bright glow and long, soft rays of light. The Buddha's hands are in the Varada mudra (wish-fulfilling gesture), with the right hand resting on the left knee and the index finger pointing towards the sky. The background shows a dark horizon line with some distant structures and trees.

Three Meditative Trainings

1. Ethics (Sila)
2. Ecstasy (Samadhi)
3. Profound Wisdom (Prajna)

The Tree of Life



If ten lamps are present in one place,
each differs in form from another;
yet you can't distinguish whose radiance
is whose when you focus on the light.

–Jalal al-Din Muhammad Rumi

Wherever the delusion of your selfhood
appears – there's hell. Wherever "you"
aren't – that's heaven.

–Abū Sa'īd in Ibn Munawwar: *Asrār at-tawhīd*, ed. Shafī'ī-Kadkanī, 299