Beginning Self-Transformation

Lecture Nine: The Energy of Awakening
Energy

- dynamic quality
- the capacity of acting or being active
- the strength and vitality required for sustained physical or mental activity.
- power derived from the utilization of physical or chemical resources, especially to provide light and heat or to work machines.
Awakening
“Energy can neither be created nor destroyed. It can only change forms.”
—First Law of Thermodynamics
1: Physical Energy
2: Vital Energy
3: Emotional Energy
4: Mental Energy
5: Volitional Energy
6: Conscious Energy
7: Spiritual Energy
How to Awaken

No matter how much we might increase our strictly mechanical energy, we will never awaken consciousness.

No matter how much we might increase the vital forces within our own organism, we will never awaken consciousness.

Many psychological processes take place within us without any intervention from the consciousness.

However great the disciplines of the mind might be, mental energy can never achieve the awakening of the diverse functions of the consciousness.

Even if our willpower is multiplied infinitely, it can never bring about the awakening of the consciousness.

All these types of energy are graded into different levels and dimensions, which have nothing to do with the consciousness.

Consciousness can only be awakened through conscious work and upright efforts.

–Samael Aun Weor, The Great Rebellion
Many occultists are told to conserve their creative energy: to master their lower sex nature. Atoms always find their own level. It is the vapour that rises from the surface of our seminal fluid that gives us this determinative energy in Nature...

...When we determine to do a thing it has already been accomplished within our secondary system, and this gives us a determination to work and accomplish this on the objective plane. But we generally fail if we do not consciously or unconsciously draw upon the determinative energy in Nature. If we use this principle we shall complete our determined work in this life or in our next incarnation. For we all incarnate to gain certain experiences, and we cannot be happy if we fail in this.

–M. The Dayspring of Youth