Beginning
Self-Transformation
Lecture Six: The Three Brains
The first brain is enclosed within the cranial vault. The second brain concretely corresponds to the central medulla, the dorsal spine with all of its nervous branches. The third brain is not located at some specific place nor is it related to a specific organ; indeed, the third brain is constituted by the sympathetic nervous plexuses and, in general, by all the specific nervous centers of the physical organism.

—Samael Aun Weor, *Fundamentals of Gnostic Education*

1. Cerebral-spinal Nervous System
2. Grand Sympathetic Nervous System
3. Parasympathetic Nervous System
In the view of Tantra, the body's vital energies are the vehicles of the mind. When the vital energies are pure and subtle, one's state of mind will be accordingly affected. By transforming these bodily energies we transform the state of consciousness.

It is vital to understand and develop the conviction that consciousness has the potential to increase to an infinite degree.

–The 14th Dalai Lama

Regarding the First Commandment, Jesus answered, “The first is, ‘Hear, O Israel: Jehovah Elohim our God, Jehovah Elohim is one; and you shall love Jehovah Elohim your God with all your heart, and with all your soul, and with all your mind, and with all your strength.’ The second is this, ‘You shall love your neighbor as yourself.’ There is no other commandment greater than these.

–Mark 12:28-34
The great law has wisely deposited within each of the three brains of the intellectual animal a definite capital of vital values (Bobbin-Kandelnosti). Saving such capital prolongs life, whereas squandering such capital produces death.

Even if this seems incredible, the truth is that—within each person—death is processed in thirds. It has already been demonstrated completely that every illness has its basis in one of the three brains.

The basis of a fundamental education lies in the intelligent cultivation of the three brains. In the ancient mysteries of Babylon, Greece, India, Persia, Egypt, etc., students received direct, integral information for their three brains by means of precepts, dances, music, etc., intelligently combined.

The theaters of ancient times were part of education. Drama, comedy, and tragedy in combination with special mimicry, music, oral teaching, etc., served to place information within the three brains of each individual.

At that time, students did not abuse the thinking brain, since they knew how to intelligently use their three brains in a balanced way.

—Samael Aun Weor, Fundamentals of Gnostic Education
The “I” exercises control over the five inferior centers of the human machine. [...] Whosoever wants to dissolve the “I” must study its functionalism within the five inferior centers. We must not condemn the defects; we must not justify them either. What is important is to comprehend them. It is urgent to comprehend the actions and reactions of the human machine. Each one of these five inferior centers has a whole set of extremely complicated actions and reactions. The “I” works with each one of these five inferior centers. Therefore, by deeply comprehending the whole mechanism of each one of these centers, we are on our way to dissolving the “I.”

—Samael Aun Weor, *The Perfect Matrimony*
Path of Physicality: Fakirism
Path of Emotionality: Monasticism
Path of Intellectuality: Yoga
No matter how much we might increase our strictly mechanical energy, we will never awaken consciousness.

No matter how much we might increase the vital forces within our own organism, we will never awaken consciousness.

Many psychological processes take place within us without any intervention from the consciousness.

However great the disciplines of the mind might be, mental energy can never achieve the awakening of the diverse functions of the consciousness.

Even if our willpower is multiplied infinitely, it can never bring about the awakening of the consciousness.

All these types of energy are graded into different levels and dimensions, which have nothing to do with the consciousness.

Consciousness can only be awakened through conscious work and upright efforts.

–Samael Aun Weor, The Great Rebellion
Then said Jesus unto his disciples, If any man will come after me, let him deny himself (Holy Negation in the heart), and take up his cross (Holy Reconciliation in sex), and follow me (Holy Affirmation in the mind). —Matthew 16:24
The Tao Path includes three paths, and Tao itself is the fourth. Much has been said about the four paths. We Gnostics travel along the fourth path in full Consciousness. During the sexual act, we transmute the brutal instincts of our physical body into willpower, the passionate emotions of the Astral Body into love, and the mental impulses into comprehension. As Spirit, we perform the Great Work. This is how we travel along the four paths in practice. We do not need to become fakirs for the first path, neither monks for the second, nor scholars for the third. The path of the Perfect Matrimony permits us to travel the four paths during the sexual act itself.

—Samael Aun Weor, The Perfect Matrimony